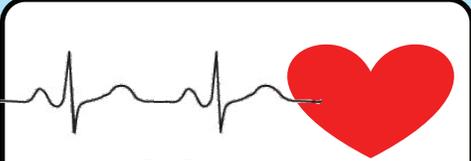




**John F. Norris, MD, FACC, FHRS
of
Pinellas Arrhythmia Associates**

Dr. Norris is passionate about seeing his patients achieve a healthy, active lifestyle. Pinellas Arrhythmia Associates is now offering a program called: **HEALTHY HEART HABITS**

How Can I Have A Healthy Heart? ❤️



**Heart
Healthy
Habits**

Education • Encouragement • Support
For a Healthy Lifestyle



Terri

Being a long term patient of Dr. Norris... Terri understands the importance of a healthy heart.

- *Certified Personal Fitness Trainer*
- *Master's Degree - USF*
- *School of Education Wellness*
- *Certified in First Aid, CPR and AED*
- *28 years experience in the Pinellas education and physical fitness community*

Terri will partner with you to create a personal healthy life plan. Her experience and commitment will help each client move toward their desired lifestyle goals. Through education, encouragement and support, clients will receive nutrition tips and exercise recommendations for every step of the journey towards a healthier lifestyle.

Contact us to schedule
your consultation

(727) 587-6999

